

# ST MARY'S WAR MEMORIAL SCHOOL WEST WYALONG

England Street, West Wyalong 2671  
PO Box 335, West Wyalong 2671  
Email: office.smwms@cg.catholic.edu.au

Tel: (02) 6972 3003  
Fax (02) 6972 0125  
Web: www.smwms.nsw.edu.au

Newsletter No 1 Term 1 2015  
Friday 30 January

## St Mary's congratulates...

Elections for Sport House captains were held today and congratulations go to the following:

### House Captains:

<b>McAuley</b>	<b>Abi McCubben</b>
<b>MacKillop</b>	<b>Will Maslin</b>
<b>Tenison Woods</b>	<b>Talia Wharton</b>

Responsibilities: Sports shed, carnivals, sports equipment, deliver sport information at assemblies, reporting.

*Elections for SRC, ICT and Community Leaders will be finalised early next week.*



ABI



WILL



TALIA

### 2015 P&F Executive

President	Renee Pettit
Vice President	Rachelle Nowland
Secretary	Erin Pettit
Treasurer	Jodie McDonell
Canteen & Roster	Tammy Heffer
School Board Reps	TBA

## St Mary's welcomes...

On Thursday morning we welcomed 12 eager Kindergarten students—**Amelia, Tommy, Jackson, Lachlan, Grace, Indi, Harry, Charlie, Sarah, Layla, Daniel and Ashley.**

We also welcome **Hamish and Seaton** into the Year 1 class, **Chelsea** into Year 2, **Isabella, Jacinta and Jacob** into Year 3, **Alastair** into Year 4, **Talon and Lachlan** into Year 5 and **Talia** into Year 6. We hope they and their families are given a warm welcome into the St Mary's Community.

We also welcome Miss Lauren Kelly who has joined the staff at St Mary's and Fr Emil Milat, our new Parish Priest.

## St Mary's prays...

Father, we thank you for the opportunity to begin the 2015 school year, and we ask that you bless the staff, the students and student families.

We pray that you will guide us in all ways and that we will seek your will in everything that we do.

We ask this in the name of Jesus Christ our Lord.

Amen

## St Mary's thanks...

Mr Bernard Kearins who removed a dead tree branch from the school playground during the holidays.

Grant Pettit and the Bland Shire Council for coring the school oval.

### 2015 School Board Executive

Chair	Daniel Mangelsdorf
Vice Chair	Justin Pettit
Secretary	Angela Tachie Menson
Treasurer	Myfi Kellahan
Parent Reps	Annabelle Brown
P&F Reps	TBA
Staff Reps	Nickey Harland & Lauren Kelly
Ex officio	Mrs Akehurst, Fr Emil Milat

## Information for parents and carers...

**SCHOOL ASSEMBLIES** will commence next Friday 6 February. Assemblies are held in the school hall (off Church Street) and commence at 8.55am.

Awards are presented to students each week, and parents will receive a text message on Thursday afternoon if their child is receiving an award. Parents and friends are always welcome to attend these assemblies.

**LIBRARY** classes will be held for students in Years 3—6 every Wednesday and for Kinder, Years 1 and 2 every Thursday.

**PAINT SMOCKS:** Children do get messy when painting, so in order to protect school uniforms parents are asked to send in a paint smock for the child to during these lessons (a big old shirt would suffice).

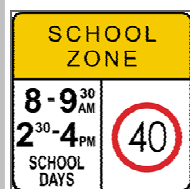
**SPORT:** Each class will do sport on Friday. Children need to wear their blue polo shirts and sport shorts for this.

**DROPPING OFF/PICKING UP STUDENTS:** The church car park is available to parents for the dropping off and picking up of students. Please enter via Church Lane (off Court Street) and exit through the church gates into Church Street.

After school the children travelling by vehicle are to go to the lawn area.

***The teacher on duty will dismiss the child when the parent arrives at the lawn area or when the teacher sights the parents (or carer) at the gate to the car park or at the gate to the entrance off Church Street. Students will not be dismissed to walk to parents waiting in vehicles in either area.***

Parking out the front of the school should be done with consideration to road signs and the safety of our students. Children who walk home are to either exit through the front door and across England Street with a teacher, or out the Church Street entrance.



**SCHOOL SPEED ZONES:** Parents and the wider community are reminded that school speed zones operate between the hours of 8-9.30am and 2.30-4.00pm. Drivers should reduce their speed to 40km/hr at these times.

**The School newsletter** is printed every Friday and is emailed to parents and grandparents. It is also posted on the Skoolbag app and placed on the school website. A hard copy is available to parents if they wish by emailing office.smwms@cg.catholic.edu.au

**CONTACT DETAILS:** Please notify the school office of any changes to address or phone number details for parents or carers so that we are able to contact you in case of an emergency.

### SCHOOL UNIFORM REQUIREMENTS

**Outwest Clothing** is the school's preferred uniform supplier. Michelle Bryson will assist with any uniform requirements you have.

**Sport Spot** is the supplier of the school's sport shorts.

Please ensure all items of clothing have your child's name on them to assist with cutting down on lost property.

School backpacks are available from the school office at a cost of \$400 (small) or \$46 (large). Any embroidery requirements are done through Outwest Clothing.

**Runners are to be worn only on Fridays for sport.**



The P&F has a Facebook page and all parents, grandparents and other interested relatives are invited to join.

The Facebook page is a closed page and has the highest settings where only members see the group and what members post. Any member can add members but an administrator must approve them. If you wish to add a member, and their surname would be unfamiliar to the administrators, contact should be made with Robyn Akehurst.



Skoolbag  
Smartphone school to parent communication

The Skoolbag app is available through the App Store for iPhone & iPad users, and the Play Store for Android devices.

Search for St Mary's War Memorial School West Wyalong then follow the install prompts. The app can also be installed through the front page of our website [www.smwms.nsw.edu.au](http://www.smwms.nsw.edu.au). This app allows parents to access school news and events as well as submitting absence notes to the school office.

If you have any problems with installation please don't hesitate to visit the school and we will attempt to assist you.

## UPCOMING EVENTS

EVENT	DATE
School Counsellor visit	Monday 2 February
School Board Meeting	Tuesday 3 February
Morning tea for parents to welcome Fr Emil in school hall	Wednesday 4 February
<b>Twilight Swimming Carnival 5.00-8.00</b>	<b>Thursday 5 February</b>
Parent Teacher Interviews	Monday 9 & Tuesday 10 February
Parents & Friends Meeting	Thursday 12 February
School Counsellor visit	Monday 16 February
AFL Clinic	
Ash Wednesday opening school mass	Wednesday 18 February
iPad information eventing	
Western Region swimming carnival–Boorowa	Friday 20 February
Archdiocesan swimming carnival–Queanbeyan	Tuesday 3 March

### CANTEEN ROSTER - TERM 1 2015

Mon 2 Feb	Tues 3 Feb	Wed 4 Feb	Thurs 5 Feb	Fri 6 Feb
Tanya Foster	<b>CLOSED</b>	B Rogers	<b>CLOSED</b>	S Maslin
Mon 9 Feb	Tuesday 10 Feb	Wed 11 Feb	Thurs 12 Feb	Fri 13 Feb
T Heffer J Heffer	<b>CLOSED</b>	M White S Anderson	<b>CLOSED</b>	

## COMMUNITY NOTICES

**FREE** child car seat  
**safety check**



**2 in 3 car seats are not being used properly**

Make sure your child is safe with a free inspection by Authorised Restraint Fitters. You can have your child car seats, harnesses and booster seats checked for safety and fit.



**DATE:** 16 - 20 February, 2015

**TIME:** 9.30am – 4.30pm

**LOCATION:**  
**S G Chambers P/L**  
**30 Wallendoon Street**  
**Cootamundra NSW 2590**  
 Bookings are essential on  
**(02) 6942 2144.**

West Wyalong Junior Netball  
 Disco  
 Friday 6<sup>th</sup> February  
 S & C Club  
 \$4 entry

**Junior Superhero Themed disco (all ages up to Year 6)**  
 5pm – 7pm

Prizes for best dressed & Glow sticks for 50c

**Senior Disco (Year 7 – 12)**  
 7.30pm – 9.30pm

Lots of Local Store vouchers up for grabs

\*Backpacks and large bags must be left with a supervisor



## CATHOLICCARE STUDENT AND FAMILY COUNSELLING SERVICE

### **What?**

As part of their pastoral care program for students, Catholic Schools have access to a Student and Family Counselling service provided by CatholicCare Canberra & Goulburn (CCG). CCG are contracted by Catholic Education and Congregational Schools to provide a counselling service to students and their families. There is no fee to access this service.

The role of the counsellor is to focus on the emotional, social and educational well-being of the students. Counsellors welcome contact with students having difficulty with some part of their life, whether or not it affects their school work. The problem does not have to be a big one. It is better to seek help sooner than later. Some typical concerns that counsellors work with include: anger, anxiety, behavioural problems, depression, eating problems, family breakdown and family conflict, grief and loss, learning and educational challenges, parenting challenges, peer and other social relationships, school avoidance, stress and study skills. As well as individual sessions with students, counsellors can run groups, do family work, consult with parents and teachers and make referrals to other services and supports.

Counsellors are not employed as specialists in any area and at times will suggest referrals for specialist services. Counsellors also do not provide cognitive or learning assessments or court reports. Families requiring these will be referred to another service.

### **Who?**

All Student and Family counsellors are professionally qualified Social Workers or Psychologists who participate in regular clinical supervision and professional development.

Student and Family Counsellors subscribe to a set of professional ethics that include duty of care and respect for the individual's right to privacy and confidentiality. The counsellors' obligation is to ensure the safety, wellbeing and confidentiality of the student they are working with. All counsellors are mandated to report any disclosure or sign of abuse (including self-harm) or neglect to Child Protection Services.

### **How?**

Students can refer themselves, be referred by family, school staff or other agencies. Primary school students require the consent of their parents or guardians to access counselling. The consent of both parents is required where there is separation/divorce and both parents have parenting and decision making responsibilities. High school students do not require parental consent to access the counsellor. Where it is in the best interest of the student and with the student's consent counsellors will facilitate the involvement of a parent or guardian.

Counsellors use the Strengths and Difficulties Questionnaire (SDQ) as part of assessment and monitoring of change during counselling. Use of these measures is considered best practice and measures such as this are widely used in counselling services. In high schools, the counsellor will request students to complete an initial questionnaire in one of the first sessions and a follow up questionnaire during and/or towards the end of counselling. In primary schools, counsellors will request parents/guardians to complete an initial questionnaire before seeing the student and again during or before completion of counselling. Counsellors may also request teachers and high school parents to complete questionnaires. This will be done with the knowledge and consent of parents/guardians and high school students. More information on the questionnaire is available at

The counsellor's presence in schools varies from two days per term to 5 days per week during school term time. Counsellors can be contacted directly in person at the school, through the school front office or staff or through the CCG Red Hill office on (02) 6162 6100. Feedback on the service can be provided directly to the counsellor, by phoning the CCG office or anonymously on the CCG website.

**McAULEY (yellow)****MACKILLOP (red)****TENISON WOODS (green)**

Amelia Alchin  
 Jackson Downey  
 Charles Murdoch  
 Sarah Pettit  
 Flynn Bryant  
 Kayla Edwards  
 Samuel Koop  
 Claudia Murdoch  
 Aiden Phillips  
 Sebastian Rees  
 Olivia Russell  
 Tashreet Kaur Sidhu  
 Olivia Mangelsdorf  
 Elise McCubben  
 Ellie McDonell  
 Matthew Nowland  
 Logan Pettit  
 Brock Downey  
 Toby Edwards  
 Georgia Hewitt  
 Alexander Murdoch  
 Braharshita Pranavendran  
 Alexander Rees  
 Maggie Davis  
 Harry Kelk  
 Joseph Mangelsdorf  
 Anna Nowland  
 Taylor Phillips  
 Alastair Ramsay  
 Lachlan Worner  
 Bridie White  
 Georgia Gould  
 Abi McCubben  
 Varshan Pranavendran  
 Yllana Waller

Tommy Anderson  
 Indi Loudon  
 Harry Morton  
 Ashley Thomas  
 Oliver Brown  
 Scarlett Connellan  
 Seaton Crouch  
 Jogele-An Dignan  
 Brydie Ford  
 Milla Pilon  
 Sam Tulloch  
 Harley Wilson  
 Ameya Eldhose  
 Cruze Loudon  
 Benjamin Maslin  
 Mia Pettit  
 Jagger Pilon  
 Chelsea Thomas  
 Owen Heffer  
 Harry Tulloch  
 Jacinta Thomas  
 Tyler Wilson  
 Thomas Brown  
 Josh Cameron  
 Madison Ford  
 Matt Heffer  
 Isabella Petkovic  
 Ella Pettit  
 Layne Pilon  
 Max Robertson  
 Max Wilson  
 Luke Cameron  
 Talon Crouch  
 Bronte Daniher  
 William Maslin  
 Charlie Tulloch

Lachlan Foster  
 Grace Kellahan  
 Layla Player  
 Daniel Tachie-Menson  
 Hamish Blampied  
 Edward Brown  
 Liam Gaynor  
 Keelan Glasgow  
 Gracie Hall  
 William Nicholson  
 Chelsea Nielsen  
 Woody Ambrose  
 Jacob Dunstan  
 Charlotte Foster  
 Jason Mai  
 Emily Rogers  
 Priscilla Tachie-Menson  
 Oliver Arragon  
 Isabella Blampied  
 Kelsie Glasgow  
 Charles Kellahan  
 Tyler Lawrence  
 George Ridley  
 Vijil Viju  
 Jacob Wharton  
 Michael Ambrose  
 Harrison Arragon  
 Madison Foster  
 Kade Glasgow  
 Cooper Loudon  
 Georgia Miller  
 Jade Lawrence  
 Jamie Nicholson  
 Anna Rogers  
 Joey Mai  
 Talia Wharton

**HOUSE CAPTAIN– Abi McCubben****HOUSE CAPTAIN–Will Maslin****HOUSE CAPTAIN- Talia Wharton**

**SWIMMING CARNIVAL UPDATE:** Thank you for the prompt return of swimming notes. Parents who have offered to assist at the carnival will be contacted early next week for confirmation. The Parents & Friends will be running a BBQ and volunteers are always warmly welcomed for this job. Please go to the P&F facebook page and indicate your interest or phone the school office. The pool canteen will be operating for drinks and other food items.

The swimming carnival will commence with Kinder and Year 1 fun activities from 5.00-5.30pm. After that time those students will be in their parent's care to allow staff members to assist with the running of the carnival for Yr 2 - Yr 6 students.

Make sure you come dressed in your house colours ready to have some fun!!

# St Mary's Summer Canteen Menu 2014/2015

<b>Hot Food</b>		<b>DRINKS</b>	
Pie	\$3.50	Slushie	\$2.00
Sausage roll	\$2.50	Fruit Box	\$1.50
Chicken Twister Wrap sweet chilli tender, lettuce, cheese, tomato and mayo	\$4.50	Oak Light Flavoured milk strawberry & choc	\$1.50
Spaghetti bolognese	\$3.50	Bottled water	\$1.50
Chicken Burger-Plain chicken, lettuce and mayo	\$3.50	Orchy Pop Top Juice 300ml	\$1.50
Cheese Burger beef patty, cheese and Tomtao Sauce	\$3.00	<b>Ice-cream</b>	
Pizza - Cheese & bacon	\$2.50	Frozen Yoghurt	\$2.00
- Ham & Pineapple		Dixie Ice cream cups	\$2.00
Chicken Nuggets	.60c each	Fandangles	\$1.50
Party Pies	.80c each	Quelch iceblock	.80c
Tomtao Sauce sachets	.40c each	cruncha fruit ice	\$1.00
Cup Of noodles	\$2.50	<b>Chips and Snacks</b>	
Pluto Pups	\$2.50	chips, popcorn, grain waves	\$1.00
<b>Sandwiches, Rolls &amp; Wraps</b>		yogurt frogs	.10c
		yoghurt pops	.20c
Ham and cheese sandwich	\$3.00	Arnott's Jatz	.30c
Ham and cheese roll	\$3.50	Coon Tasty cheese 20gm	.60c
Salad sandwich - Ham or chicken	\$3.50	Golden Pancakes	\$1.00
Salad rolls - ham or chicken	\$4.00	Pauls Kids Yoghurt pouch 70gm Strawberry & Vanilla	\$1.20
Cheese sandwich	\$2.50	<b>Australia Dried fruit Available bags range from \$1 to \$2</b>	
Wraps chicken salad	\$4.00		
Wraps chicken, cheese mayo	\$3.50		
Crunch lunch chicken, lettuce, tomato, cheese, and carrot sticks	\$3.50		

**ST MARY'S WAR MEMORIAL SCHOOL  
CANTEEN ROSTER – TERM 1 2015**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>February 2nd</b>	<b>3rd</b>	<b>4th</b>	<b>5th</b>	<b>6th</b>
Tanya Foster	CLOSED	Bron Rogers	CLOSED	Annabelle Brown
<b>February 9th</b>	<b>10th</b>	<b>11th</b>	<b>12th</b>	<b>13th</b>
Tammy & Jan Heffer	CLOSED	M White & S Anderson	CLOSED	Shan Nicholson & Nat Lawrence
<b>February 16th</b>	<b>17th</b>	<b>18th</b>	<b>19th</b>	<b>20th</b>
Fiona Russell	CLOSED	Sue Daniher & Catherine Koop	CLOSED	Nicole Cameron & Tammy Heffer
<b>February 23rd</b>	<b>24th</b>	<b>25th</b>	<b>26th</b>	<b>27th</b>
Linda Thomas	CLOSED	Nat Mangelsdorf & K Englert	CLOSED	Suzie Maslin
<b>March 2nd</b>	<b>3rd</b>	<b>4th</b>	<b>5th</b>	<b>6th</b>
Amanda Phillips	CLOSED	Renee Pettit	CLOSED	Anna McCoullough & Narelle Ambrose
<b>March 9th</b>	<b>10th</b>	<b>11th</b>	<b>12th</b>	<b>13th</b>
Christie Wilson	CLOSED	Jodie McDonnell & Casey Loudon	CLOSED	Shan Nicholson & Nat Lawrence
<b>March 16th</b>	<b>17th</b>	<b>18th</b>	<b>19th</b>	<b>20th</b>
Amanda Gaynor	CLOSED	Rachel Hall	CLOSED	Suzie Maslin
<b>March 23rd</b>	<b>24th</b>	<b>25th</b>	<b>26th</b>	<b>27th</b>
Tanya Foster	CLOSED	Annabelle Brown	CLOSED	Anna McCoullough & Narelle Ambrose
<b>March 30th</b>	<b>31st</b>	<b>April 1st</b>	<b>2nd</b>	<b>3rd</b>
Amanda Phillips	CLOSED	Tracy McCubben	CLOSED	Nicole Cameron & Collette Arragon

**PLEASE ARRANGE YOUR OWN SUBSTITUTE FOR CANTEEN DUTY  
THANK YOU FOR VOLUNTEERING YOUR TIME!**